

## **ABERDEEN AQUATICS CENTER RULES AND REGULATIONS**

### **Slide Rules**

- All riders must be at least 48" tall – height markers are posted.
- Water depth is 3 feet 6 inches.
- The line should form on the deck with one rider on each landing and one rider in the starter tub. Wait until landing area is clear before entering.
- Riders must enter the slide in a sitting position and wait for instructions.
- Do not pull or propel yourself into the ride.
- No foreign objects are allowed in pockets and no jewelry can be worn while riding the slides.
- No cut off jeans or swim wear with exposed zippers, buckles, rivets or metal ornamentation will be allowed on the slides.
- Only one rider at a time. Absolutely no trains or chains of riders are permitted.
- Riders must be in good health. Elderly persons, those suffering from heart disease, high blood pressure, epilepsy, or persons using prescription medication should consult their physician before using these slides. Individuals with medical conditions including, but not limited to pregnancy, heart, or back problems should not ride.
- Do not use the slides while under the influence of alcohol or drugs.
- No diving from the slides.
- At the end of the slide, obey all instructions by splash pool lifeguard and exit quickly.
- Non swimmers are not permitted.
- Riders assume all risk of injury due to misuse of this slide or failure to follow these rules.

### **Inner Tube Slide**

- Maximum operational load for double tube – 2 persons, 600 pounds. The heavier rider should sit behind the lighter rider.
- Maximum operational load for single tube – 1 person, 300 pounds.
- Only one inner tube to enter the flume at a time. All riders should lean back while riding keeping their weight at back of tube.
- Tubes should be ridden in a seated position while leaning back, facing forward. Do not stand up or ride the tube on your stomach. Do not go down the slide head first.
- Riders must stay on the tubes during the ride. If you accidentally fall from the tube, continue down the flume without it and exit normally.
- Keep arms and hands inside the flume at all times.
- Do not run, dive, stand, kneel, rotate or stop in the slide.

### **Open Flume and Enclosed Slide**

- Maximum rider weight is 300 pounds.
- Riders must lie on their backs at all times. Do not sit up while riding the slide.
- All riders must ride feet first while lying on their back with arms crossed across their chest. Do not go down the slide head first.
- No running, standing, kneeling, rotating, tumbling or stopping in the flume. Arms and hands must remain inside the flume at all times.
- Riders should remain in proper riding position until forward movement is terminated. At no time should the rider attempt to stand up while on the slide or prior to coming to a complete stop in the splash area.
- No tubes, mats, or life jackets are permitted on the water slides.